

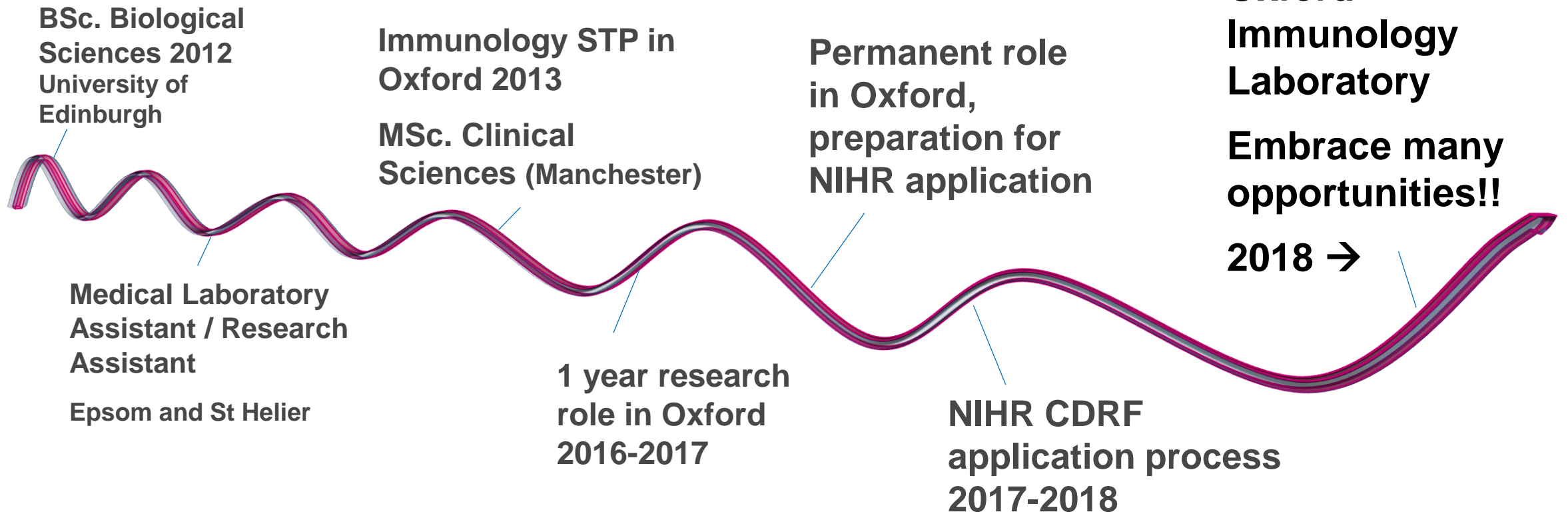
The opportunities are endless...

Lauren Campbell, Finding your way during and after STP



Developing people
for health and
healthcare

My journey so far...



The STP...Changing Lives

Your life

- Setting you on an exciting career path
- MSc and HCPC registration
- Be employed as a registered Clinical Scientist
- Relocation! Friends!
- Gain a bucket load of transferrable and sought-after skills

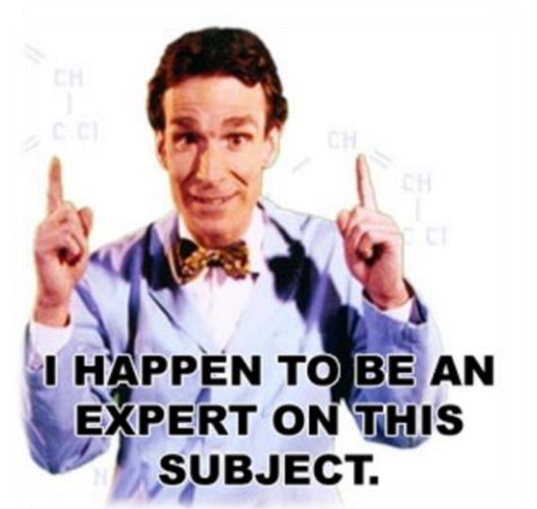
Patient Lives

- Scientists change lives too!
- Life Sciences
 - Improving our understanding, diagnosis and monitoring of illnesses
 - Mainly based in hospital labs
 - At the forefront of clinical and technological advances
 - STPs highly involved in research and service improvement

The good



- On your way to being an expert in your field.
- Challenging.
- Make a difference to patients day-to-day and long term changes in the laboratory.
- Meet lots of new friends, mentors, advisors.
- It's a real job! In the NHS!



The not so good



- Overwhelming in the beginning...and middle....and end.
- Juggling your academic commitments and clinical learning.
- Feeling useless / a nuisance / alone
- Leadership opportunities can be hard to find.



What does the future hold?

- You will be registered but no guarantee of a job
 - Clinical Scientist
 - HSST/FRCPath
 - Research
 - Teaching / Science Communication
 - Industry
- We are sought after individuals!



**My plan: PhD → HSST → Consultant Clinical Scientist →
Clinical Academic Leader**

Hints and Tips from an STP Survivor

- Network, Network, Network (have fun!)
- Public Engagement
- Be confident, push for what is best for you
- Sort your elective early – it is a unique opportunity
- Work hard from the very beginning
 - 3rd Year You will be eternally grateful to 1st Year You
- Take on other projects – you never know where they could lead!



Enjoy your Training and Good Luck!

