

# My HSST journey

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# My career pre HSST

- Grade A clinical scientist training in Clinical Immunology post Biology BSc
- Left the NHS on completing training
- DPhil in Immunology, followed by a Post Doc
- Returned to NHS as Clinical Scientist and section leader at Immunology department, Oxford.
- FRCPath part I completed prior to HSST

# Why did I apply for HSST?

- Give structure to my career development
- Study time
- Leadership training and qualification
- Increase opportunities
- Increased support from my department



# My path through HSST



- HSST in Immunology from the 1st cohort
- Section A, Section B (FRCPath) and C1 (not full DClinSci)
- Completed FRCPath April 2016
- Completed PGDip Nov 2018
- Promotions during HSST
  - April 2016 - Lab manager
  - May 2017 - Consultant Clinical Scientist

# Experiences and achievements



- Completing the FRCPath
- Skills and Experiences in management, leadership and innovation.
  - Innovation projects in the department reorganisation of specimen room.
  - People Management
- Broader understanding of my role in the NHS and how the NHS and my hospital works.
  - Pathology networking
- Given me reason to get involved and work with other departments.
  - Directorate Clinical Governance
  - Serious incident investigation

# Challenges

- Being the first cohort
- Finding time to study, especially as my career progressed
- Leadership Diploma – social science essays!
- Balancing family life, work and study

