

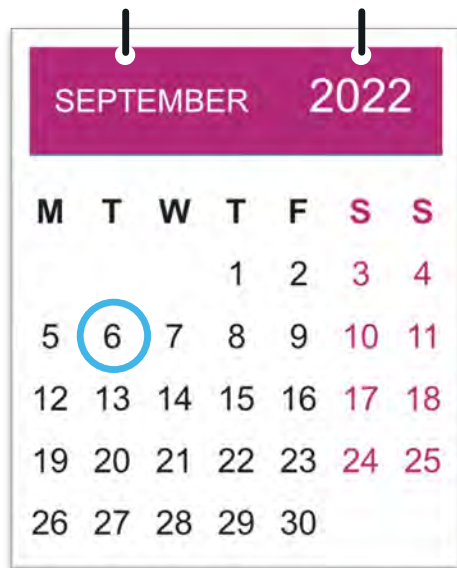
What are we expecting from you in the next 3 months?



Dr EMma Bowers

**Training Programme Director (STP)
Healthcare Science Dean for the North East and Yorkshire**

Your planning...



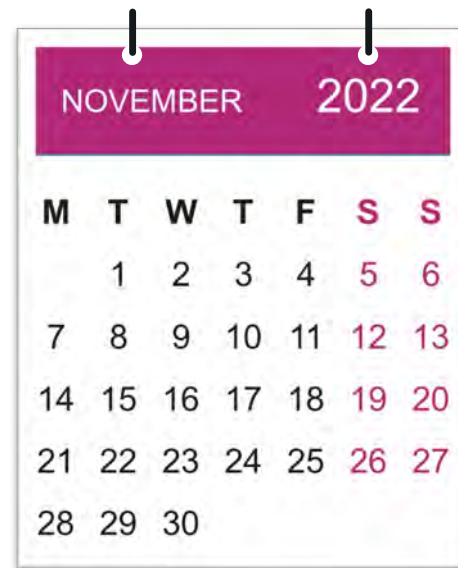
SEPTEMBER 2022

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



OCTOBER 2022

M	T	W	T	F	S	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



NOVEMBER 2022

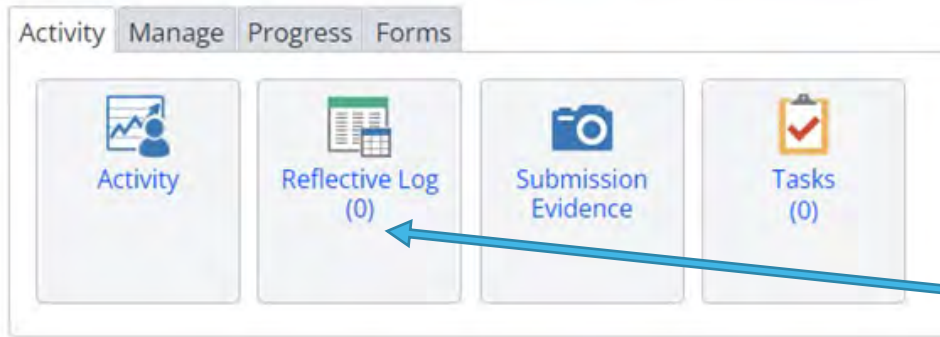
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

$\frac{1}{12}$ of your training period

By tomorrow...

Reflect on today
Reflect on today

Onefile



By next week...



Meet with your Training Officer

Example record of initial planning meeting

Trainee	
Training officer	
Trainee start date	

Attach to this document:

- HEI timetable
- Planned absences (holidays booked etc)
- Calendar
- Key NSHCS dates – STP induction, mock and final assessment
- Any Trust or Department scheduled events
- Training plans as per the following chart

Document:	Attached (tick)
Detailed plan (daily) for month 1	
Plan (weekly) for months 2 and 3 (rotations, work to be undertaken, competencies and assessments)	
Outline plan (monthly) for months 4 – 12 (milestones)	
Outline plan (quarterly) for years 2 and 3 (milestones)	
Opportunities identified for clinical work, attendance at governance events, attendance at theatre etc (as appropriate)	

During the meeting you should agree dates for one early comprehensive review of progress (ideally after one month in post) and at least four subsequent one-to-one meetings.

Review meeting dates agreed

1	
2	
3	
4	

<https://nshcs.hee.nhs.uk/publications/example-record-of-initial-planning-meeting-with-trainee/>

By next fortnight...



Read the Monthly Memo 19 September

National School of
Healthcare Science

NHS
Health Education England

STP Monthly Memo

August 2022 issue

Our STP Monthly Memo is a monthly newsletter covering the latest programme updates and events and key resources for trainees and training officers of the Scientist Training Programme.

Included in this month's memo:

Information for third year trainees

➔ Guidance on completion

Information for all trainees

- ➔ Plagiarism and similarity detection in the e-portfolio
- ➔ Submit your STP research project for the website
- ➔ Transfer of training
- ➔ Changes in your training

Information for training officers

- ➔ STP induction day
- ➔ Planning for the new curriculum
- ➔ Microbiology curriculum review update
- ➔ PTP curriculum review consultation
- ➔ Managing your trainees
- ➔ Train the Trainer in October
- ➔ Entry requirements for in-service applicants modified
- ➔ Expressions of Interest for 2023 cohort now open

<https://nshcs.hee.nhs.uk/publications/stp-monthly-memos-2022/stp-monthly-memo-august-2022/>

By next month...



Hold your first month training review

Example of an end of first month review record for trainees

Trainee	
Training officer	
Trainee start date	
How is the trainee settling in?	
Physical arrangements, equipment and other resources (note here any changes/additions needed)	
Trainee's progress with the academic work	
Any adjustments to the training plan (note here any changes and the reason for them)	
Feedback on the trainee's professional/fitness for practice	
Progress with work-based learning outcomes: <i>Competencies submitted or work in preparation for submission on OneFile</i>	
Feedback from colleagues	
Confirmation of completion of any statutory training	

<https://nshcs.hee.nhs.uk/publications/example-of-an-end-of-first-month-trainee-review-record/>

By two months...

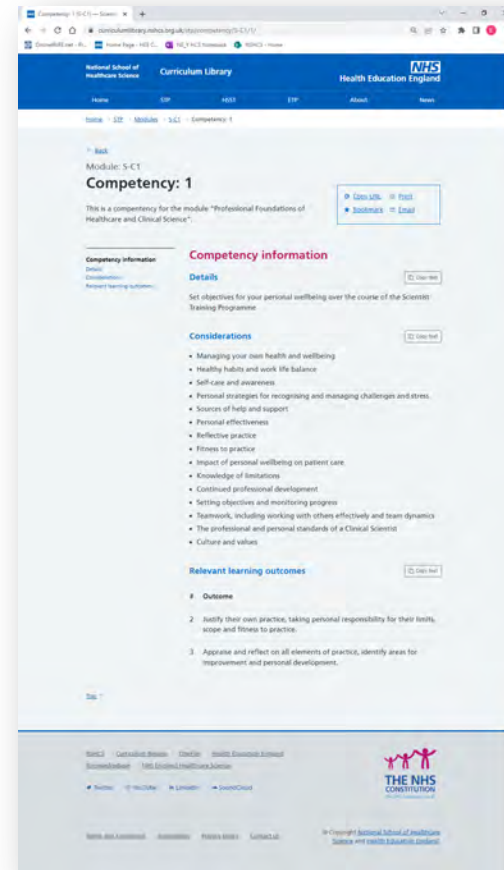
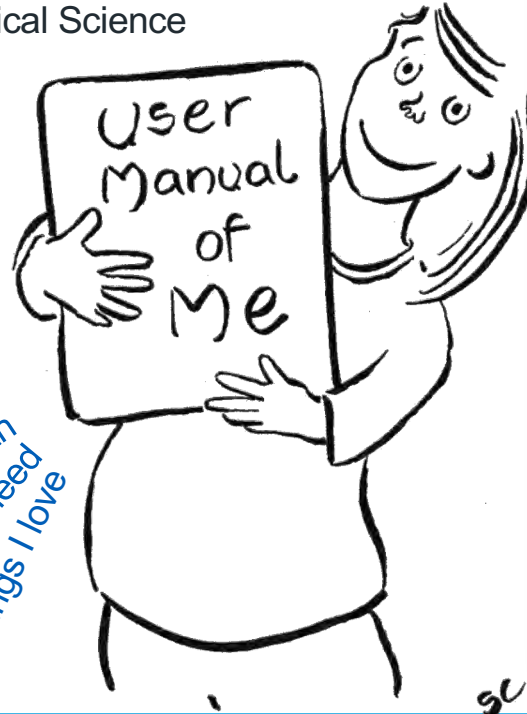
Core Module –

Professional Foundations of Healthcare and Clinical Science

Competency 1 –

Set objectives for your personal wellbeing over the course of the Scientist Training Programme

The best ways to communicate with me
The ways I like to receive feedback
Conditions I like to work in
Things I struggle with
Things I need
Things I love



<https://curriculumlibrary.nshcs.org.uk/stp/competency/S-C1/1/>

By three months...

Tuesday 4 October 16:00

Getting to know the
OneFile e-portfolio
service

Thursday 13 October 16:00

Understanding work -
based assessments

Wednesday 16 November at 16:00

Progression through the
programme

Thursday 8 December 16:00

Staying on track -
managing your workload,
your mental health and
wellbeing

Attend all of the NSHCS Induction Webinars

Your to do list...



To Do List

- ☒ Reflect on today
- ☒ Meet Training Officer
- ☒ Read Monthly Memo
- ☒ Review Training
- ☒ Complete Competency 1
(Prof. Foundations of HC & CS)
- ☒ Attend Webinars

Some reminders...

ENJOY

