IACC 2023 Case-based discussion (CBD) scenario

Specialty:	Audiology

CBD Scenario

CBD Scenario Title	Vestibular Rehabilitation							
CBD Scenario Aim	To confirm ability to personalise vestibular rehabilitation based on individual case presentation							
CBD Focus (please provide the codes of the module(s) this scenario addresses)	SPS220							
GSP Domains covered (enter X to indicate all that apply)	GSP 1	x	GSP 2		GSP 3	x	GSP 4		GSP 5	
CBD Scenario description	Discuss the approach to vestibular rehabilitation that you may use for a 50-year-old woman presenting with: • Attack of sudden severe rotational vertigo 6 months ago • Right lateral canal low gain with overt catch-up saccades on vHIT • Imbalance with severe anxiety and avoidance in busy visual environments (e.g., supermarket) • No central signs in history, bedside or VNG testing							
CBD Scenario model answer/ assessor guidance Detailed guidance that will be available for the assessors. Include guidance on what kinds of behaviours, actions, comments should secure a pass. What should the assessor expect to see? Assessors will be asked to plan questions in advance including links	Considers some or all of the following points: • Underlying issue is most likely peripheral vestibular (need to consider in context of any other results) • Probable longstanding incomplete compensation • Additional psychological and psychosocial impacts • Assess for any contraindications to VR • Assesses currently triggering movements. • Graded VOR exercises • General advice re avoidance • Plan for review • Consider onward referral for psychology assessment if anxiety severe? And/or signposting to self-help tools for anxiety if less severe.							

to trainee's IACC submission.	Fail: does not consider psychological aspects at all. No plan to review.
Trainee instructions Please include any specific information to be provided to the trainee as part of the CBD scenario	

Criteria being assessed by this CBD scenario

Aspect	Please indicate if this criterion is being assessed
1. Understands the clinical context of the scenario, including priority setting and testing strategies	X
2. Understands scientific principles of scenario	X
3. Can discuss the relevant procedures involved in the scenario and associated health and safety issues	
4. Understands and applies the appropriate test validation, IQC, EQA, relevant professional/clinical guidelines	
5. Understands and applies associated IT/bioinformatics and other appropriate resources	
6. Is able to interpret and report patient results and provide appropriate clinical advice	X
7. Can discuss the significance of patient results within the clinical context of the referral	X
8. Understands the ethical, legal and social implications of the scenario	
9. Is aware of the importance of audit and can use this tool effectively	
10. Output meets accepted laboratory/professional standards	
11. Demonstrates awareness of the limits of responsibility and when to seek advice	X
12. Consideration of patient/professionalism	
13. Overall ability to perform	